

Unit Piecing Packet

This packet will be your friend throughout the “Rest & Refreshing” project.

YOU WILL NEED IT EVERY WEEK!!

I recommend using a binder in which to store the project information so you'll have it at your fingertips when needing to reference the unit piecing and previous block instructions.

I've designed this quilt using 18 blocks, all 10 inches square, and each made on a 25-patch grid (meaning each block can be divided into a grid of 5 x 5 squares, or segments thereof).

I've also designed it using an incremental approach, introducing skills one at a time – easiest to hardest – and building on each one. At the end you'll be putting together more complex blocks than at the beginning.

I'll be teaching you how to make very accurate block units using various techniques that I've learned over the years.

The piecing skills we'll be covering are:

- Half Square Triangles
- Rails
- Pinwheels
- Hourglass Blocks in 3 Colorways
- Flying Geese
- Small Four Patch
- Small Half Square Triangles

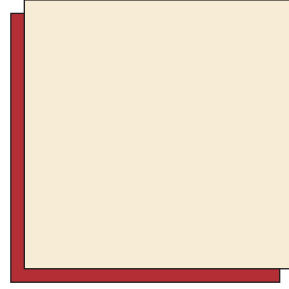
For more information and suggested tools for accurate piecing, please download:
[“Tips for Beautiful Pieced Blocks”](#)

Thanks for joining us and I hope you enjoy the project!

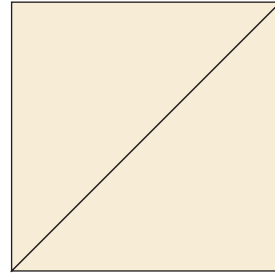
Debbie

Half Square Triangles

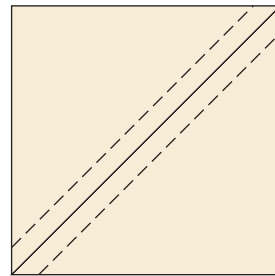
- Layer the squares in each pair, RST, and press.



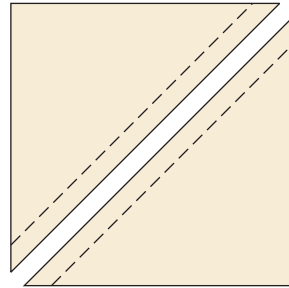
- Draw a line from corner to corner.



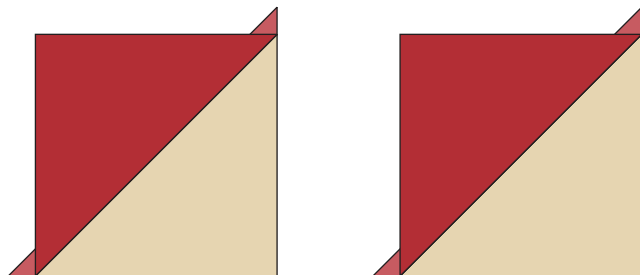
- Stitch 1/4" from both sides of the line.



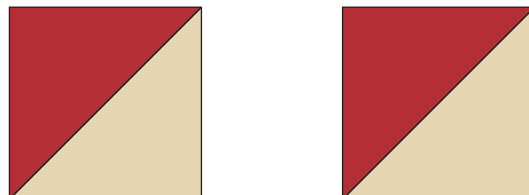
- Cut apart, along the drawn line.



- Open and press toward the dark.

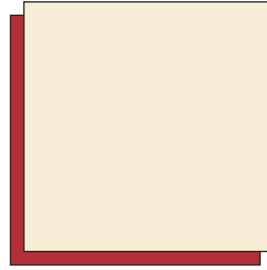


- Unless you are going to make them into Hourglasses (page 4-6), square each block to 2 1/2".

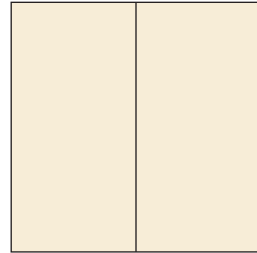


Rails

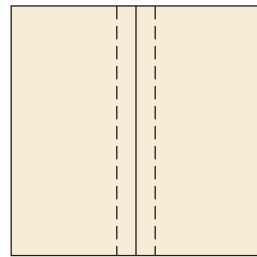
- Layer the squares in each pair, RST, and press.



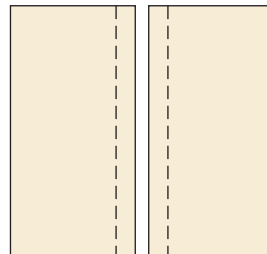
- Draw a line from center top to center bottom.



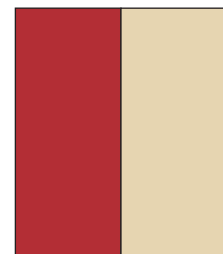
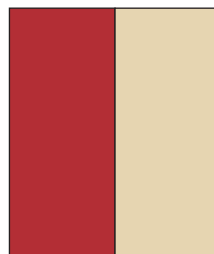
- Stitch ¼” from both sides of the line.



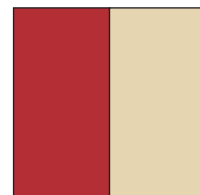
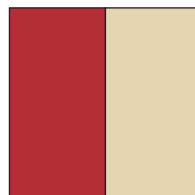
- Cut apart, along the drawn line.



- Open and press toward the dark.

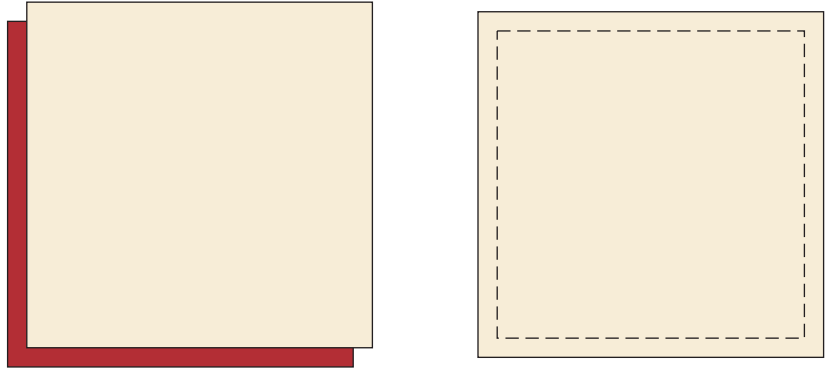


- Square each block to 2 ½”.

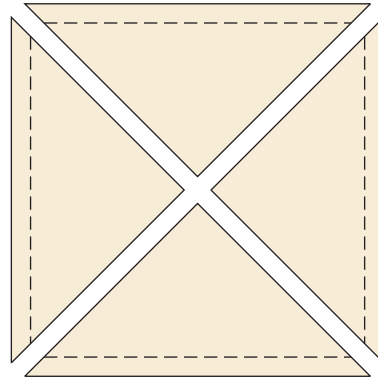


Pinwheels

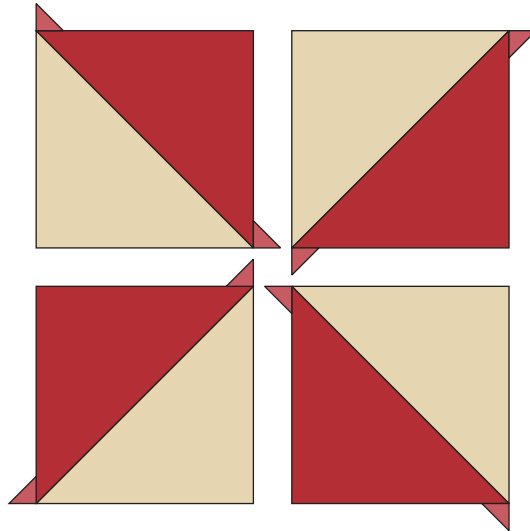
- Layer the squares in each pair, RST, and press. Stitch all of the way around, $\frac{1}{4}$ " in from the edge.



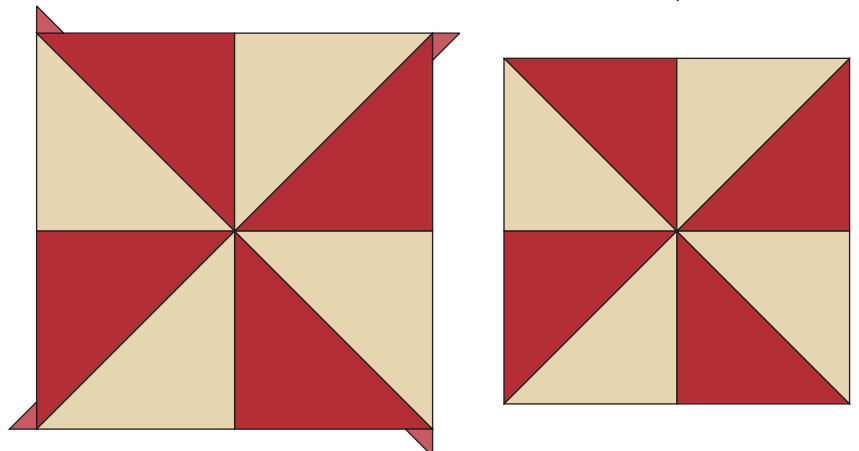
- Cut, from corner to corner, twice, to make 4 Half Square Triangles.



- Open and press each one to the darker side.

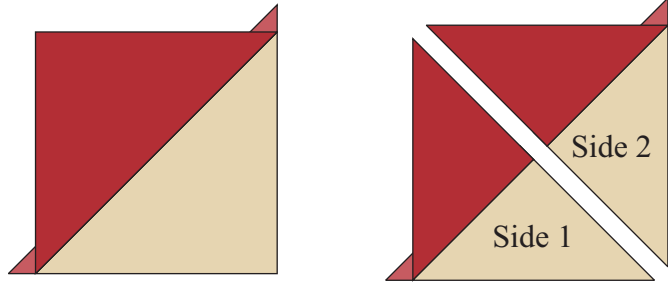


- Sew together, into a Pinwheel, and square to $4 \frac{1}{2}$ ".

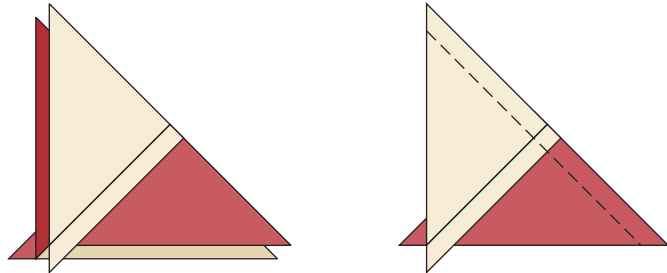


Hourglasses (Colorway 1)

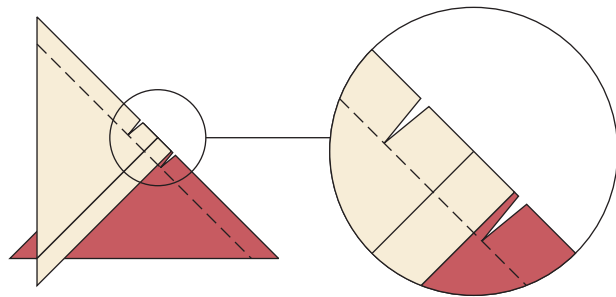
- Using previously made Half Square Triangles, cut each one apart into Side 1 and Side 2.



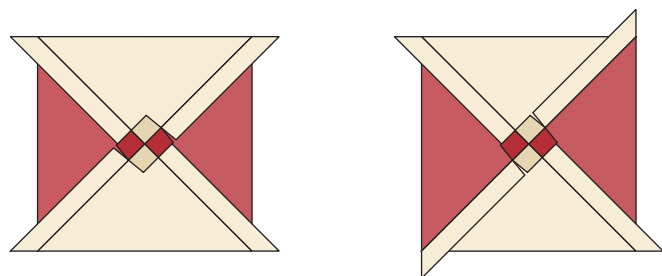
- Layer each Side 1 with another Side 1, RST, and layer each Side 2 with another Side 2, RST. Sew each set together.



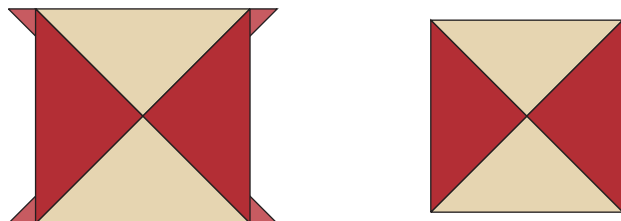
- Snip to just shy of the seam, 1/4" from both sides of the center.



- Open and press to the darker side, all the same direction, or whichever way works best for you.

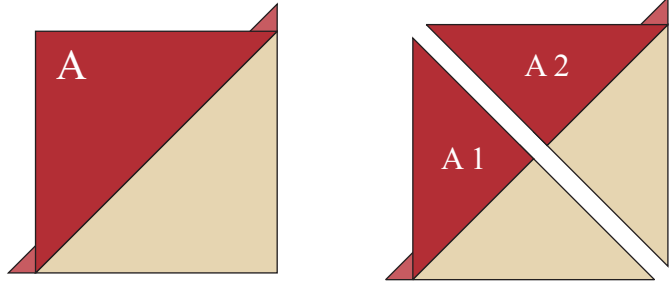


- Square each block to 2 1/2".

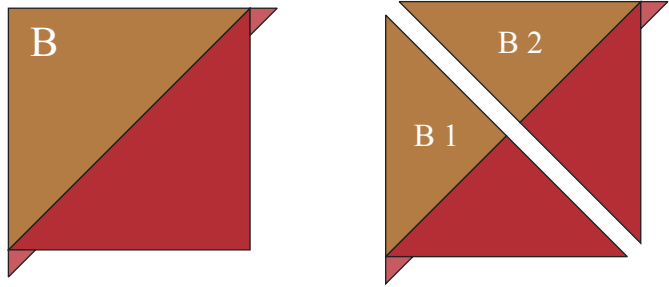


Hourglasses (Colorway 2)

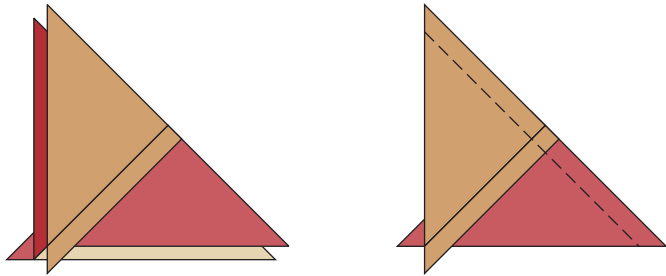
- Using previously made Half Square Triangles, cut A apart into sides 1 and 2.



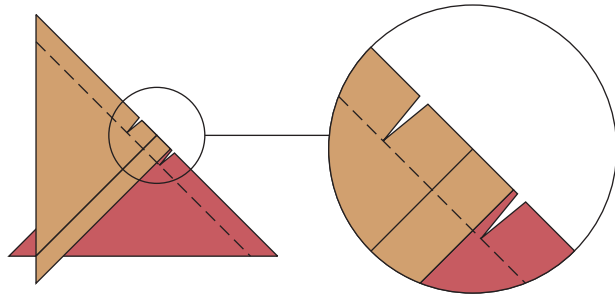
- Using previously made Half Square Triangles, cut B apart into sides 1 and 2.



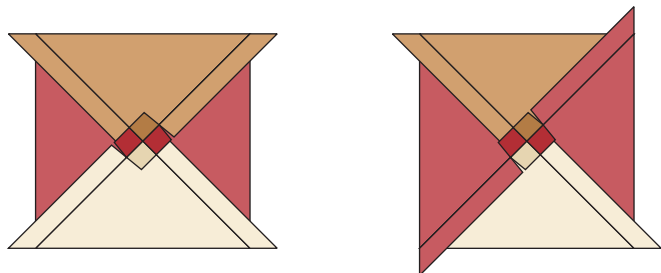
- Layer each A1 with each B2, RST, and layer each B1 with each A2, RST. Sew each set together.



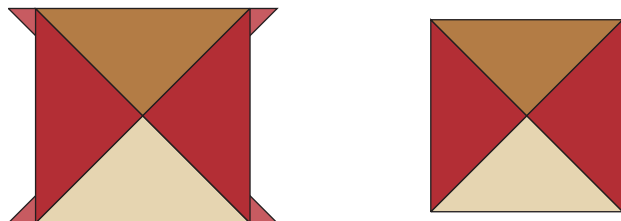
- Snip to just shy of the seam, 1/4" from both sides of the center.



- Open and press to the darker side, all the same direction, or whichever way works best for you.

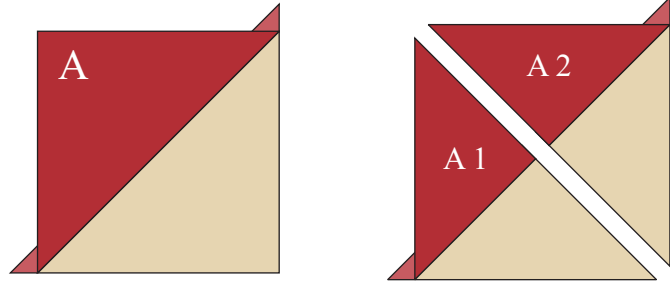


- Square each block to 2 1/2".

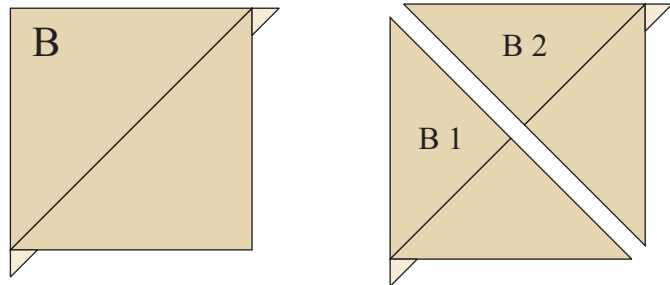


Hourglasses (Colorway 3)

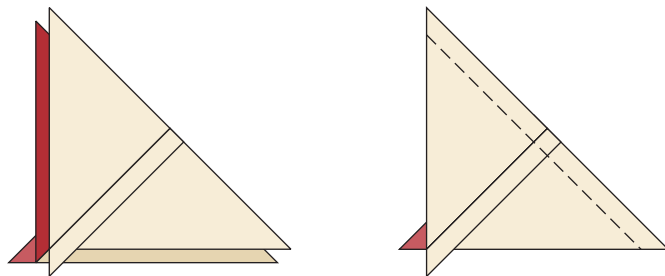
- Using previously made Half Square Triangles, cut A apart into sides 1 and 2.



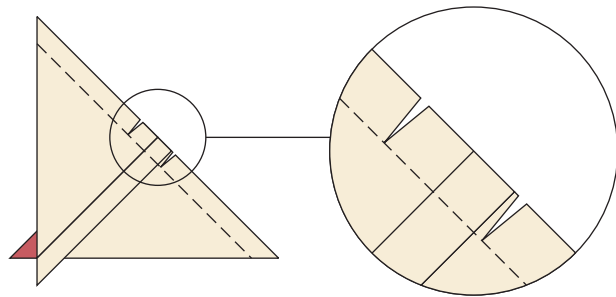
- Using previously made Half Square Triangles, cut B apart into sides 1 and 2.



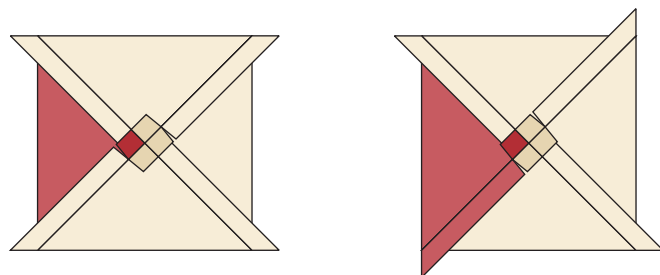
- Layer each A1 with each B2, RST, and layer each B1 with each A2, RST. Sew each set together.



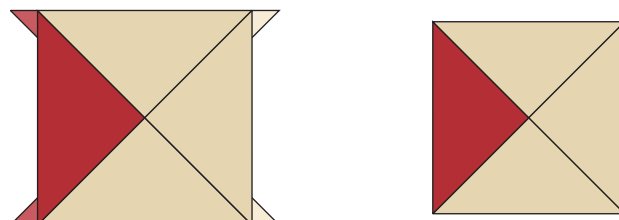
- Snip to just shy of the seam, 1/4" from both sides of the center.



- Open and press to the darker side, all the same direction, or whichever way works best for you.

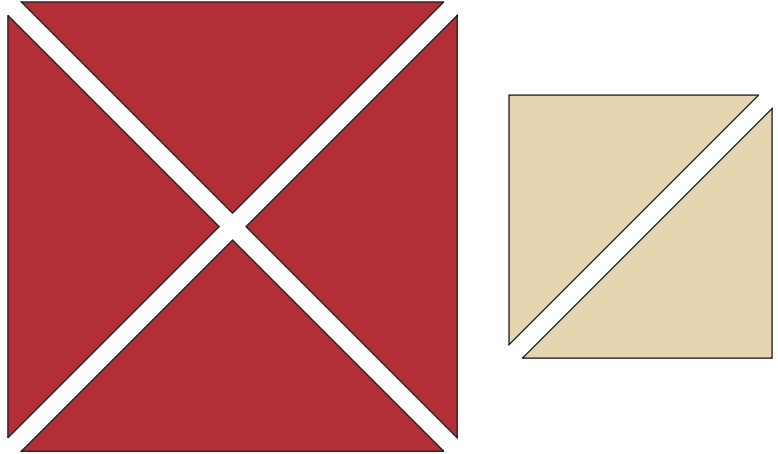


- Square each block to 2 1/2".

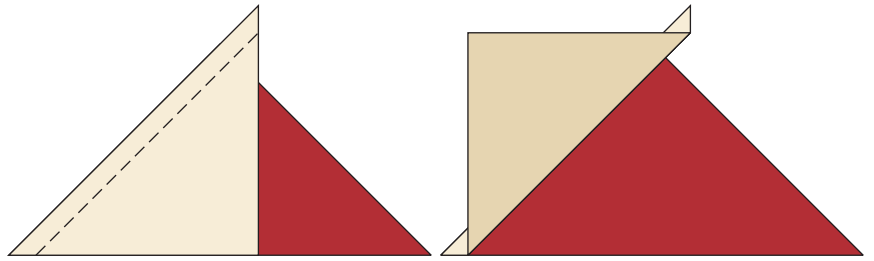


Flying Geese

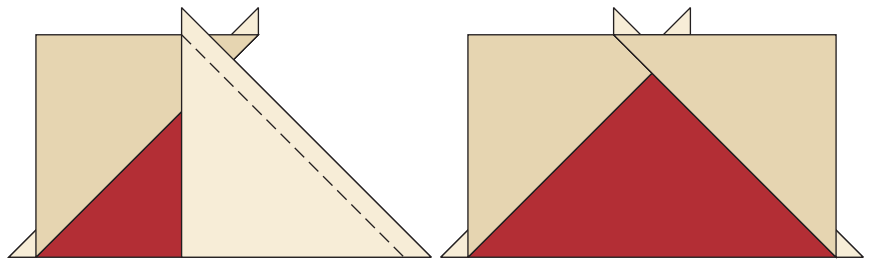
- Cut the 5 ½” square from corner to corner, twice, to make 4 Geese pieces. And cut the 3 ¼” squares from corner to corner, once, to make 8 Sky pieces.



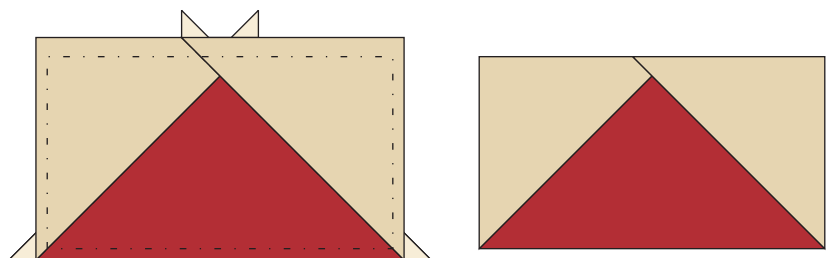
- Place the long side of a Sky piece and a short side of a Geese piece, RST, and sew. Open and press toward the Sky.



- Place another long side of a Sky piece, and the remaining short side of the Geese piece, RST, and sew. Open and press toward the Sky.

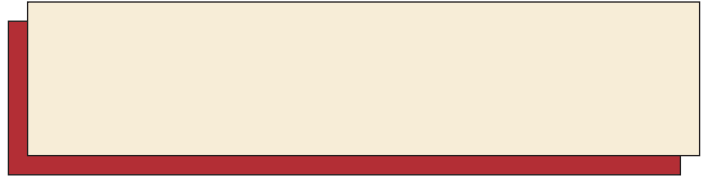


- Being sure to leave ¼” from the tip of the Geese piece, trim to 4 ½” x 2 ½”. (Fit to Be Geese ruler is helpful)

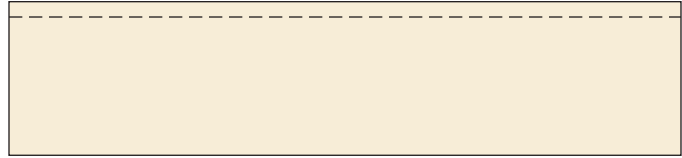


Small Four Patches

- Layer the strips in each pair, RST, and press.



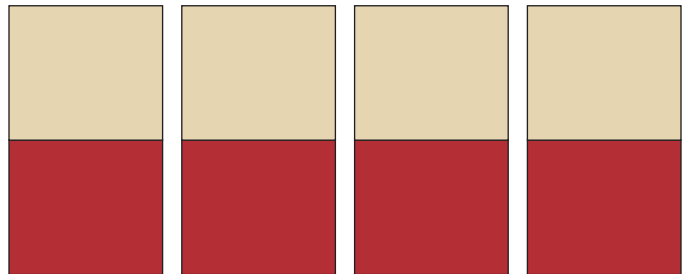
- Sew together.



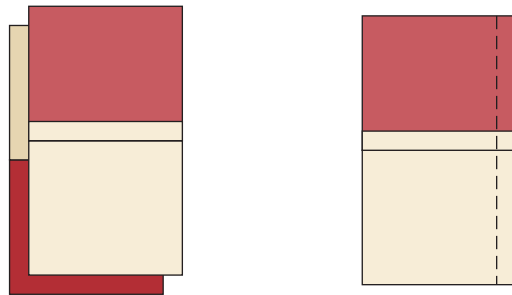
- Open and press toward the dark.



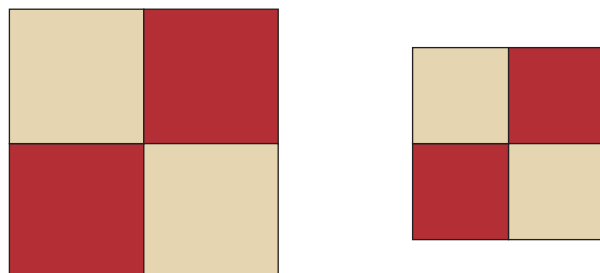
- Cut apart into 2" pieces.



- Layer two pieces, RST, so as to end up with the same colors in opposite corners, and sew each set together.

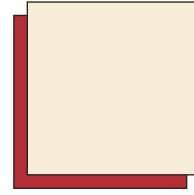


- Press open and trim to 2 1/2".

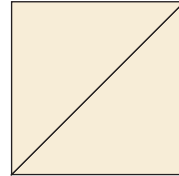


Small Half Square Triangles

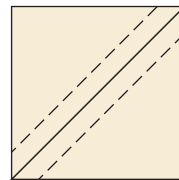
- Layer the squares in each pair, RST, and press.



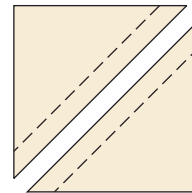
- Draw a line from corner to corner.



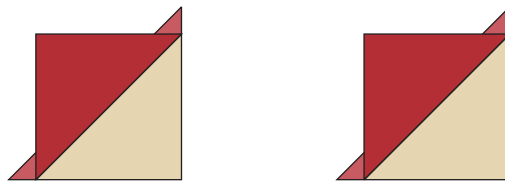
- Stitch 1/4" from both sides of the line.



- Cut apart, along the drawn line.



- Open and press toward the dark.



- Square each block to 1 1/2".

