











Peace & Healing Quilt Notes

How to read the cutting charts:

The letter of the piece in the block which you are cutting.

How many pieces to cut of this fabric in this shape and size.

How many pieces you need of this fabric in this shape and size.

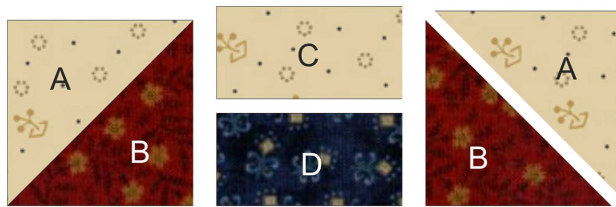
FOR	CUT	NEED	6" BLOCK
A	2 	4 	2 7/8
B	2 	4 	2 7/8
C	4 	4 	1 1/2 x 2 1/2
D	4 	4 	1 1/2 x 2 1/2
E	1 	1 	2 1/2

Finished Block Size

Piece dimensions in inches.

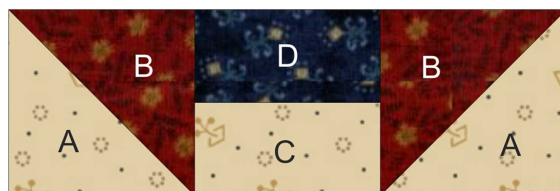
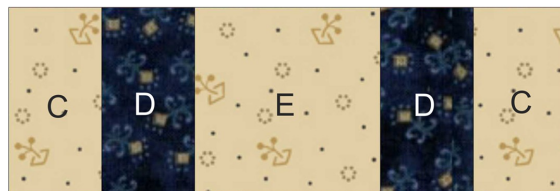
Two measurements indicate a rectangle.

One measurement indicates a square.



Cut diagonally once.

Cut diagonally twice.



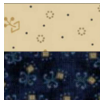
Tips for Beautiful Pieced Blocks

Piecing Notes:

For those of you who struggle with piecing small pieces (who doesn't?!?), the key I have found is to:

- Work on being super accurate when cutting.
- **Tools:**
 - A good, non-warped cutting mat
 - A good rotary cutter with sharp blades
 - Good non-slip rulers
- Find the scant 1/4" spot on your own sewing machine/presser foot that will give you the perfect width seam.
- **Tools:**
 - 1/4" quilter's presser foot
- Be consistent with that scant 1/4" seam.
- Trim and square each sub-unit so it has square corners and is the right size for its spot in the block. This makes a huge difference in the accuracy of a finished block!
- **Tools:**
 - Same as above – good cutting mat, rotary cutter and appropriate rulers
- Whenever possible, **make the block (or block elements) bigger** and then trim to the right size.
 - Pieced blocks for which this works well:

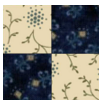
Two-Patch



Quarter-Square Triangle



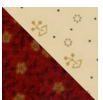
Four-Patch



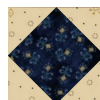
Flying Geese



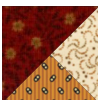
Half-Square Triangle



Square in a Square



3-Piece Half-Square Triangle



- See our tutorial on using this method for Square in a Square blocks:
- http://piecingthepastquilts.blogspot.com/2015/02/how-to-use-fit-to-be-geese-ruler-for_6.html
- **Tools**
 - [Fit to Be Geese Ruler](#)
 - [Creative Grids 6.5" x 12.5"](#) with intersecting 45° lines at the ruler edge or any other ruler thus marked).
 - [Creative Grids](#) or [Quilter's Select](#) square rulers from 3.5" - 12.5"

Sewing Note (from a miniatures quilter who shared this with me):

Try sewing more slowly.

- Some machines have a speed control that can be set for a slower speed. Even if yours doesn't, speed can be controlled with the foot pedal.
- This seems to be especially helpful when beginning and ending a seam - that time when it always seems to pull to one side making your seam allowance larger or smaller than an actual scant 1/4 inch. This results in a unit or block that does not measure the correct size.

Pressing Notes:

Pressing means something different than ironing and does a different job.

- **Pressing** is an up-and-down motion rather than a side-to-side motion and is meant to press seams in one direction or another and to open seam intersections without distorting the fabric.
- **Ironing** is used to take out wrinkles.
- Pressing seams toward the "dark side" is the norm whenever possible.
- Using Jo Morton's clipping and pressing trick is an awesome way to reduce seam intersection bulk and improve the look of your blocks.
 - You can see her YouTube video at this link: <https://youtu.be/4bpGBAR6FXM>

Squaring Notes:

- When I square my blocks, there are times when I have to make a choice between keeping my points/seam allowances and having a true-to-size block.
- I always choose to keep my points, and then when it comes time to sew the blocks into the quilt top, I "ease in" the fullness of the sides that are greater than the required block size.

Pattern Abbreviations:

WOF – Width of Fabric

RST – Right Sides Together

HST – Half-Square Triangles

QST – Quarter-Square Triangles